



Skelton Primary School

Friday Flyer

Friday, 18 June 2021

Head teacher: Ms S.E. Walker
Chair of Governors: Mrs H. Swarbrick
Tel: 01287 650689
Web: www.skeltonprimaryschool.co.uk
Email: office@skeltonprimaryschool.co.uk

Hello everyone,

The extension of lockdown means that Skelton's Got Talent and Skelton Proms will be virtual once again. The talent is quite undeniable though and the dancing, singing and acting will be shared in all of its glory!

Sadly, our Y6's will not leave us to enjoy their first week in Y7 in July but we will give them the best sendoff that we can. Below is the allocation of teachers to new year groups and your child's class teacher will be shared alongside their Welcome Meeting presentation on Wednesday next week. We will also share a pic collage of your child's work as a snapshot of what the children have achieved this year before the end of term. We do plan to send the BIG IDEAS books home when they have been filled. We hope that this helps with the disappointment of not being able to see your child's work in person.

FS1	Mrs Chapman & Mrs Bateman		
FS2	Mrs Pollitt	Mrs Bonas	Miss English
Year 1	Mrs Berriman	Mrs Maltby & Mrs Johnson	
Year 2	Mrs Sayer	Mrs Garratt	Mrs Swainson/ Mr McLoughlin
Year 3	Mr Newton/ Mrs Hutchinson	Mrs Garrett/ Mrs Nicholls	Ms Cox
Year 4	Mr Campbell	Miss Solomon	
Year 5	Mrs Duck	Mrs Rowe	Miss Carr
Year 6	Mrs Allington	Miss Smith	Miss Thomas

ATTENDANCE

This week attendance is 96%.

Classes achieving 100% this week – Orange 1, Brown 2 & Grey 3.

HOUSEPOINTS

BOULBY	1ST
CATNAB	3RD
HILLTOP	4TH
TRANSPORTER	2ND

HEADTEACHER'S AWARD

	Homework	Behaviour Badge	Teacher's Choice
	Poppy Haywood	Sienna Taylder	Savannah Townsend
		Leon Robinson	Alex Evans
	Keith Barker-Chapman	Holly Butler	Martin Denty
	Esmée Smith	Jack Taylor	Isaac Whitehead
	Freya Metcalfe	Lily Dunndkey	Josie Marshall
	Lillie Stockdale	Harry Ditchburn	Stanley Allan
	Heidi Carroll	Amelie Bower	Faith Wedderburn
	Zara Angus	Ruby Parker	Charlie Bean

What's for lunch next week?

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Sausage with mashed potato and gravy	Lasagne with herby bread wedge	Roast chicken with Yorkshire pudding, roast potatoes, and gravy	Chicken curry with mixed rice	Fish of the day or salmon fishcakes with chips
VEGETARIAN MAIN DISH	Tomato pasta with crusty bread	Vegetarian sausage with new potatoes	Quorn roast with gravy and roast potato	Margarita pizza with mixed rice or potato mids	Quorn burger with chips
ACCOMPANIMENTS	Carrots/broccoli Salad bowl	Roast vegetables/sweetcorn Salad bowl	Swede/cabbage Salad bowl	Carrots/green beans Salad bowl	Beans/peas Salad bowl
DESSERTS	Chocolate orange cookies	Fruit and ice cream	Strawberry whip	Fruit crumble and custard	Chocolate muffin
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO OR WRAP/ BREAD BUN SELECTION	Jacket potato with beans, cheese or tuna Ham, cheese or tuna sandwich	Jacket potato with beans, cheese or tuna Ham, cheese or tuna sandwich	Jacket potato with beans, cheese or tuna Ham, cheese or tuna sandwich	Jacket potato with beans, cheese or tuna Ham, cheese or tuna sandwich	Jacket potato with beans, cheese or tuna Ham, cheese or tuna sandwich

CONSULTATIONS CLOSE on MONDAY

Thank you for responding to our school lunch questionnaire and Relationships & Sex Education consultation.

Stanley's Joke Corner



What starts with an 'e' and ends with an 'e' but just has one letter in?

An envelope

NUT FREE SCHOOL

Due to number and range of allergies that we have in school, I am afraid that we can no longer accept food donations or celebration cakes to share with the children.

Please can we also appeal to parents of children with packed lunches not to include nuts or shop bought products branded 'may contain nuts'. THANK YOU



! WE ARE A NUT FREE SCHOOL TO PROTECT OUR CHILDREN !



Please remember your essential summer sun kit.

COVID 19

If your child tests positive for covid 19 please can you inform me AS SOON AS POSSIBLE at headteacher@skeltonprimaryschool.co.uk

Thankyou



Uniform shopping

We are busy preparing a powerpoint Welcome Meeting to share with you all ahead of moving into your new year group with your new teacher.

- Please remember that children should be in black shoes and school PE kit or plain sports wear on PE days.
- Here is an important reminder if you are shopping early.

Uniform

Sea of **RED** please!

- Red cardigan or jumper
- Grey trousers or skirt
- Gingham dress
- White shirt, blouse or polo shirt
- Plain, **black shoes (not boots)**
- Plain headband/ bow.
- No extreme hairstyles



P.E.

Kit Reminder

- **Red** shorts
- Plain, white t-shirt
- Plimsolls or trainers
- Outdoor kit



Ready



Equipment

One named school bag please.

Water Bottle

Sun cream

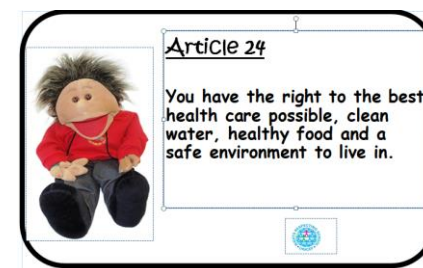
Sun hat

Pencil cases are provided by school.



Our school is supporting the Eat Them To Defeat Them campaign to encourage children to eat more vegetables. The campaign has been created by Veg Power in partnership with ITV, Channel 4 and Sky. All the children have taken home a reward chart and sticker pack. So far with the help of our kitchen staff we have been attempting to defeat the tomatoes and sweetcorn. Watch out peppers next week.

To find out more visit www.EatThemToDefeatThem.com



Relationships and Sex Education Policy

The Mental Health in Education Action group have provided useful guidance on a range of issues that children have been concerned about throughout the pandemic. I will share over the next two weeks for you:

CONTACT WITH FRIENDS & FAMILY

The **love and security** families provide can be particularly important when things **change** in our lives or we have **problems or worries**. Children themselves can also provide important love and support for other family members.

- A healthy and caring family life includes time spent together; **respect and support** for each other, including in difficult times; and **dealing with problems** in a caring and supportive way.
- Friendships also make us feel **happy and secure**. Like all **respectful relationships** friendships are based on certain characteristics, for example: **kindness**, e.g. caring about each other, our feelings, and putting others' needs above our own; and **supporting our friends** when they have problems or difficulties, e.g. when they are upset.
- Anyone (including adults) can experience feelings of **boredom, isolation and loneliness** – whether or not they have people with them. Children should seek out a trusted adult or friend when they feel lonely, so it is important that they recognise who they can trust and where to seek further advice if needed.
- The internet can give us the opportunity to be friends with people all over the world.
- Screen time can be valuable – **during the covid-19 pandemic in particular, it has given us the opportunity to stay in contact with families and friends**. However, it is important to **maintain a balance with other activities**.
- It is also important to remember that online friendships should have the **same characteristics** as friendships in real life; and that **being safe is paramount** in any online relationship.
- It may be helpful to reflect on how spending time with others online, including sharing hobbies and interests, helped to maintain and increase wellbeing during lockdown restrictions; and to look to the future and think about how to balance online friendships with spending time with others in person.

DEEP PROBLEMS

Sleep is important for many different reasons, for example it helps us to remember and sort what we learn during the day; enables the body to heal and grow; and helps to regulate emotions. Good mental wellbeing also depends on getting the right amount of sleep every day.

- Good quality sleep can be achieved more easily by:
 - **going to bed** in time to get enough sleep;
 - having a **routine** of getting up and going to bed at the same time (including weekends);
 - **going to bed** in time to get enough sleep;
 - **going outside** during the day, as daylight makes us feel alert during the day and tired at night.

- It is also important to consider rationing time spent online and using electronic devices, especially in the evening. The benefits of managing time online can include helping you to get enough sleep at night.
- You can develop a routine to reduce screen time and get enough sleep, by limiting screen time in the evening and sleeping your phone 2 hours before bed.

Everyone has different moods. Big life events, like moving from primary school to secondary school, can have a range of feelings about big events, both positive and negative.

- Sometimes it can be difficult, but there are lots of different ways to make new friends, like:
 - saying hello to someone and talking to them;
 - showing an interest in what someone is doing and asking them about it; or
 - inviting them to join a group.
- There are lots of ways to build friendships, including being kind, considerate and respectful; listening to each other; and accepting each other's differences.
- There are also lots of different places you can make friends, for example joining clubs where you can make friends with people (including adults) can experience feelings of boredom, isolation and loneliness – whether or not they have friends with them. Children should seek out a trusted adult or friend when they feel lonely, so it is important that they recognise who they can trust and where to seek further advice if needed.