

PE Vocabulary

<p>Year 5 and 6</p>	<p>Sprint, Team, Distance, Measure, Height, Target, Pacing, Rhythm, Obstacles, Leading leg, Hurdles, Throwing, Speed, Accuracy, Take off, Stamina, Time, Projectory, Release, Performance, Accuracy, Take off, Distance, Target, Time, Position, Measure, Control, Height, Run up, Hurdles</p> <p>Keeping possession, Passing, Dribbling, Shooting, Shield ball, Width, Depth, Support, Marking, Covering, Repossession, Attackers, Defenders, Marking, Team play, Batting, Fielding, Bowler, Wicket, Tee, Base, Boundary, Innings, Rounder, Backstop, Court, target, Net, Defending, Hitting, Stance, Offside, Pitch, Forehand, Backhand, Volley, Overhead, Singles, Doubles, Rally</p> <p>Dynamics, Combination, Contrasting, Control, Mirroring, Matching, Accurately, Refine, Evaluate, Display, Asymmetry, Performance, Create, Symmetry, Refinements, Assessment, Suppleness, Strength, Cool down, Warm up, Muscles, Joints, Explore, Rotation, Spin, Turn, Shape, Landing, Take-off, Flight Co-operate, Audience, Assessment, Elements, Twist, Obstacles, Refine, Aesthetically, Criteria, Extension, Judgement, Tension, Inverted, Judge, Dynamics, Combination, Canon, Counter-tension, Counter-balance, Criteria, Performance, Imaginative, Parallel, Creativity, Flight, Timing</p>
<p>Year 3 and 4</p>	<p>Sling, Pull, Distance, Sprint, Steady pace, Accuracy, Height, Record, Joints, Rhythm, Leading leg, Measure, Underarm, Overarm, Heart beat, Pulse rate, Jogging, Walk, Hurdles, Landing, Control, Preferred, Landing foot, Time, Stamina, Obstacles, Stance, diagonal, Approach, Speed, Relay</p> <p>Keep possession, Keep the ball, Scoring goals, Keeping score, Making space, pass/send/receive, Dribble, Travel with a ball, Back up, Support partner, Make use of space, Points, Goals, Rules, Tactics, Batting, Fielding, Bowler, Wicket, Tee, Base, Boundary, Innings, Rounder, Backstop, Court, Target, Net, Defending, Hitting, Stance, Offside, Pitch, Forehand, Backhand, Volley, Overhead, Singles, Doubles, Rally</p> <p>Flow, Explosive, Symmetrical, Asymmetrical, Combination, Evaluate, Improve, Stretch, Refine, Adapt, Pathway, Contrasting, Curled, Stretched, Suppleness, Strength, Inverted, Jump, Land, Over, Under, 90 degrees, 180 degrees, Leaving, Approaching, Balance, Forwards, Backwards, Combine, Rotation, Against, Towards, Across, Evaluate, Improve, Height, Strength, Suppleness, Stamina, Speed, Level, Wide, Tucked, Straight, Twisted, Constructive, Points, Twist, Turn, Safety, Refine, Away</p>
<p>Year 1 and 2</p>	<p>Throw, High, Low, Skip, Aim, Fast, Slow, Safely, Step, Bounce, Jump, Leap, Hop, Repeat, Run, Target, Overarm, Underarm, Walking, Jogging, Accelerate, Baton, Relay, Push, take off, Landing, Evaluate, Improve</p> <p>Avoiding, Tracking a ball, Rolling, Striking, Overarm throw, Bouncing, Catching, Free space, Own space, Opposite, Team, Rebound, Follow, Aiming, Speed, Direction, Passing, Controlling, Shooting, Scoring</p> <p>Place, stretch, push, pull, hop, skip, step, spring, crawl, still, slowly, tall, long, wide, narrow, up, down, forwards, high, low, elbows, bottom, back, around, through, extension, roll, copy, pathway, along, jump, land, balance, tension, curved, straight, zig-zag, shape, over hang In front, Speed, Slow, fast, Wide, Shape, Narrow, Long, Land, Over, Jump, Off, High, Low, Stretch, Point, Balance, Twisted, Curled, Level, Medium, Backwards, Sideways, Forwards, Zig zag, Angular, Under, Through, Behind, Tension, Copy, Smooth, Sequence, Height</p>
<p>FS</p>	<p>Walk, Jog, Throw, Target, Jump, Run, Hop, Skip, Fast, Pass, In pairs,</p> <p>Forwards, Backwards, Sideways, Bench, Mat, Table, Roll, Long, Slow, On, Off, stretched, Curled, Tuck, Body parts, Tall, Small, Shape, Hold, Still, Jump, Hop, Bounce, Travel, Copy</p>