



Friday Flyer

Friday, 20 March 2020

Head teacher: Ms S.E.Walker
Chair of Governors: Mrs H. Swarbrick
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Dear Boys and Girls,

You will have heard a lot about the coronavirus and some strange things are now happening that might make you worried. Please don't worry!

Lots of grown ups are working hard to sort out this tricky problem. Think of this very strange situation as an adventure and use your time with your family well. As you grow up, you will always come across difficult situations, talk about your thoughts and be resilient, show responsibility and some SKELTON UMPPPH. WE will see you all again very soon. Remember to be kind, be useful, read lots and "WASH YOUR HANDS!"

Keep safe

Ms Walker and all staff at S.P.S.

The difference between
try and triumph is
UMPPPPH!



Thank you

to our wonderful staff and fabulous children! You have all shown so much umph this week.

KEEPING IN TOUCH

- Follow us on FB
- Let us know if any contact details have changed!
- If you have the Sims Parent app, you can amend your details on there.
- The office will be staffed during usual business hours.



Online Learning



Teachers will post on their website year group page a '5 a day' challenge. This will be every Monday-Friday during term time.

If you know anyone who doesn't have access to online learning, please contact the school office next week and ask for the resources to be sent to you. Please be aware this may take time to prepare due to us operating on limited staff.

KEY WORKERS INFORMATION ONLY

The government has released a list of those workers who are classified as key workers:

<https://www.gov.uk/government/publications/coronavirus-covid-19-maintaining-educational-provision/guidance-for-schools-colleges-and-local-authorities-on-maintaining-educational-provision>

Please note the Government guidelines state that children should not be in school unless absolutely necessary to ensure social distancing. However, if you are a key worker AND you have nobody else in your house who could look after your children, then Dots n Spots or ourselves can provide childcare whilst you are at work. Dots n Spots 7.30am-9am and 3-6pm. (There is a cost for their services).

To apply for childcare at Skelton Primary, please click the link below:

<http://www.skeltonprimaryschool.co.uk/web/childcare/>

To apply for childcare at Dots N Spots, ring 01287 654930.

Coronavirus: What you need to do



Wash your hands

Use a tissue for coughs

Avoid touching your face

At Skelton Primary School we are passionate about reducing food waste and hunger.

Thursday – 2.45pm onwards.

Outside Main Entrance.

5 food items for £2.

 **FareShare**
Fighting hunger, tackling food waste

We will be receiving food deliveries from **FareShare UK** each week.

FareShare UK take in date and good food from suppliers such as Greggs, Co-Op, Tesco and Asda which would otherwise go to waste.

They redistribute food to communities in the North East. Last year they supplied enough food to make 36.7 million meals!

[#feedpeoplefirst](https://www.facebook.com/feedpeoplefirst)

Social Distancing:

What does it mean?

It means stay away from places where people gather, avoid mass gatherings, and whenever not possible, maintains a distance of at least one metre from each other.* Together we can help to slow the infection from spreading away.

Red Light – Avoid / Don't Do

- All gatherings of religious, commercial, official or personal nature (e.g. market/mall, cinema, meeting/conference, wedding, party/picnic, tuition, gym/yoga, dancing etc.) involving a sizeable and flowing crowd
- Social visitors or non-essential workers in your house
- Non-essential visitors in the workplace
- Non-essential travel in public transportation

Yellow Light – Do with Caution

- Attend private gatherings limited to a few family members or known friends
- Travelling in a private transport (public transport only if it is a **NECESSITY**)
- Visit a local restaurant **BUT** choose the open-air type, sitting with at least one metre apart whenever possible (takeaway food is a better choice)
- Buying in a grocery store or supermarkets without a crowd
- Pick up medicines from the pharmacy without a crowd
- Play sports in the open air with family or a few known friends

Green Light – Safe to Do

- Take a walk or jog in open park or stadium
- Cycling
- Play in the home garden, or go for a fun drive with family
- Read a book or listen to music in private
- Play games or watch TV/movie at home
- Home cooking and meals at home

- ➡ Wash your hands frequently with soaps and water, or alcohol-based hand rub.
- ➡ Best to do thing online whenever possible (e.g. Video chat, e-payment, internet games, or chat over a phone).

* World Health Organisation, March 2020.

